



DAY

7

Need the perfect summer treat to cool down? Create these awesome sweet treats for summer snack fun!

PREP TIME: 5-10 Minutes

ACTIVITY TIME: 10-60 Minutes

MATERIALS: See Activity

MODIFICATIONS:

Fun for all ages! (Adult supervision needed)



Summer Fruit Pops

Create summer popsicles using fresh pureed fruit or fruit slices.



INGREDIENTS:

- Ice Pop Molds
- Fresh Fruit
- Fruit Juice



onelittleproject.com/fresh-fruit-popsicles/

INSTRUCTIONS:

1. Chop your fruit and peel if needed.
2. Then, fit the fruit into the popsicle markers, making sure they are tucked in snuggly.
3. Top with a clear juice of your choice.
4. Freeze overnight and enjoy!