

WEEK 2



## DAY 7

Need the perfect summer treat to cool down? Create these awesome sweet treats for summer snack fun!

**PREP TIME:** 5-10 Minutes

**ACTIVITY TIME:** 10-60 Minutes

**MATERIALS:** See Activity

**MODIFICATIONS:**

Fun for all ages! (Adult supervision needed)



# Summer Fruit Pops



Create summer popsicles using fresh pureed fruit or fruit slices.

## INGREDIENTS:

- Ice Pop Molds
- Fresh Fruit
- Fruit Juice



[onelittleproject.com/fresh-fruit-popsicles/](http://onelittleproject.com/fresh-fruit-popsicles/)

## INSTRUCTIONS:

1. Chop your fruit and peel if needed.
2. Then, fit the fruit into the popsicle markers, making sure they are tucked in snugly.
3. Top with a clear juice of your choice.
4. Freeze overnight and enjoy!